

Material List

Exploring Watercolours Material List

Kathryn Christensen

1. Paints

Quality Paints: Only use professional-grade paints from trusted brands like DaVinci, Winsor Newton, Daniel Smith, and Holbein.

Essential Colors: Populate your palette starting with these primary colors, selecting both warm and cool tones. Asterisked colours are highly recommended:

- Cadmium Yellow Medium or Azo Yellow – warm
- Permanent Red or Scarlet Lake – warm
- Permanent Rose or Quinacridone Rose – cool
- Ultramarine Blue – warm
- Cobalt Blue – mid-temperature
- Phthalo, Antwerp, or Winsor Blue – cool
- Cerulean Blue
- Quinacridone Gold
- Burnt Sienna
- Sap Green
- Winsor (Dioxazine) Violet (PV23)
- Payne's Gray

Palette Setup: Arrange your paints in a plastic palette with deep wells and a lid, allowing them to set for a few days before use.

2. Brushes

short-handled, synthetic watercolour brushes, including:

- ½" – 1" synthetic flat wash brush

- Pointed Rounds: Sizes 8, 10, 12
- ¼" flat brush with stiffer bristles

3. Paper

Watercolour Paper: 140 lb. cold press sheets, size 22" x 30", made from 100% cotton rag fibre and acid-free. Preferred brands are Arches or Saunders Waterford.

4. **Painting Boards:** Use corrugated plastic boards sized for quarter sheets (13" x 17").
5. **Water Containers:** Two recycled plastic tubs will suffice.
6. **Paper Towels:** Preferably Mechanics blue paper towels for their superior absorbency.
7. **Masking Tape:** Standard, non-coloured masking tape is recommended.
8. **Salt:** Regular kitchen table salt for creating textural effects.
9. **X-acto Knife:** Ensure it has a sharp blade.
10. **Spray Bottle:** A simple spritzer bottle for wetting surfaces or creating effects.
11. **Incising Tool:** Such as a small-tipped burnisher or an empty ballpoint pen for fine line work.
12. **Graphite Transfer Paper:** For transferring designs onto your watercolour paper.
13. **Notebook:** For jotting down notes, sketches, and ideas.

Suggested Art Supply Stores:

- Discount Art Supplies: 646 Major MacKenzie Dr. East, Richmond Hill.
- DeSerres: Located in Richmond Hill.
- Newmarket School of Fine Art: 611 Steven Court, Newmarket.
- Amazon.ca: For online purchases.
- Curry's